

UNDERSTANDING THE DRAGON

The Dragon is symbolic of a pattern of energy, which has been colored by negative emotions. It is an energy Entity, created and filled with the life energy of its creator. The dragon is a figment of our thoughts, feelings and words we have chosen in response to PPCE (People, Places, Circumstances and Events), which were stressful enough to cause us to believe we are out of control of our life. ***The dragon is a drag-on our efforts to express our soul's desire for our life.***

Being conscious of the following observations will be helpful to you in understanding the dragon's lifestyle. The more you know about the dragon, the easier it is to control and move it out of your life.

1. The Dragon is lazy, will not work to live, and gets the emotional body to do its work.
2. The Dragon likes a diet of hormone releases – the greater the quantity the better.
3. Dragons like to sleep and be fed by large emotional discharges, like being fed intravenously.
4. The Dragon wants to keep your attention on Present Stress Effect, not on the Cause where you can become aware of the origin and cause of the Stress Pattern.
5. Dragons are parasites.
6. The Dragon's job is to keep your energy so drained, to the extreme of depression or near death if possible.
7. The Dragon's goal is to prevent you from manifesting your Soul Pattern.
8. The Dragon is neither compassionate nor sentimental.
9. Its goal is to work against you. It will use whatever works best, and will continue to use it again and again.
10. The Dragon is magnetic; it will draw PPCE to you to elicit a negative response or cause you to overuse your strengths to create a weakness.
11. Dragons are homeopathic, attracting like energy to keep you deepening your Stress Pattern.
12. The Dragon is afraid that you will wise up and regain control.
13. The Dragon uses weapons of confusion, being scattered, an inability to focus, criticism, condemning and blaming others or conditions for your status.
14. The Dragon likes to strike (getting you emotionally out of control), run, hide and rest.
15. Dragons like to nip at your heels with seemingly small irritations, aggravating you to prompt a large emotional release or create a slow but steady drain on your energy.

To further understand Stress Pattern Processing, please study the [Step by Step: Understanding your Stress Pattern Chart](#)

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